



2916 Mile 3 - Suite C
Mission, TX 78574
866.296.2674
www.freefirst.com
(click patient login)

Welcome to Free First Healthcare Clinics



At **La Joya ISD** we value the health of you and your family. As a result, we offer a primary care clinic that provides free health care to you and your dependents. By utilizing the clinic and its many preventive health care benefits, you can control your future health care costs while staying healthy and educated about the well-being of you and your loved ones.

Free Health Services - A physician is available Monday through Friday 8 a.m. - 5 p.m. and appointments can be set by you on a voluntary and confidential basis. The clinic provides basic services at no cost, including lab work you would expect from a family physician. Services and conditions covered include, but not limited to:

Free Prescription Medication - The clinic also provides free prescription medication (up to a 90-day supply per prescription) used to treat some of the most common conditions including:

- Allergies
- Colds/sinus
- Flu
- Physicals
- Asthma
- Hypertension
- Diabetes
- High cholesterol

- Hypertension
- Sore throat
- Edema
- Thyroid disorders
- Obesity
- Heartburn
- Infections
- High cholesterol
- Diabetes
- Asthma
- Anxiety/depression
- Back pain

The clinic is open to active employees and their dependents covered under the **La Joya ISD** group health insurance program. Your health insurance will not be affected or changed by utilizing the clinic. Your free medication benefit is supplemental to your prescription drug plan. Not all medications will be available at no charge. For questions, comments or to schedule an appointment, contact your Free First Healthcare Clinic today.

Free First Healthcare Clinics

With all the health care options available to you, maybe you are wondering, “Why should I use the Free First Healthcare Clinic?” If **FREE** isn’t enough for you, then let us tell you why!

1. **ON CAMPUS** – You don’t have to travel far! La Joya ISD built a *campus* facility specifically for this clinic.
2. **LESS WAIT TIME** – On average, our patients with scheduled appointments only wait as little as 5-10 minutes. Typically, patients in the Rio Grande Valley region spend at least 3 hours waiting to see a physician.
3. **PHYSICIAN AVAILABILITY**– Your clinic is staffed with qualified health care professionals. We’re here specifically for YOU - La Joya ISD’s employees and dependents. We are NOT open to the public.
4. **NO CLAIMS** –You simply come to the clinic, see the physician and leave. There is no need to file claims with your insurance company so we won’t ask for your insurance card and or copays.
5. **ONLINE APPOINTMENTS** – You can make an appointment online, request refill prescriptions or contact a customer service representative 24/7.

Need more? Make an appointment and come see us today!

Frequently Asked Questions

Are appointments necessary?

We do accept walk-ins on a first-come, first-serve basis, however, if at all possible, please call or log-on to our website to make an appointment. That way we can get you in to see the physician quickly.

How are appointments made?

You have the convenience to make appointments online or by phone. Visit www.freefirst.com and click on Patient Login or call **866.296.2674**.

Can I access my medical records online?

Your medical records are not available online, however you may request a copy any time. Your records belong to you, so email or call us and we will provide you with a complete copy.

Will the clinic replace my primary care physician?

No, this clinic is completely voluntary. La Joya ISD is providing this valuable benefit to you at no additional cost. Your health insurance is not affected in any way if you use this clinic.

